

Top Shelf

News from the Central Service Office of Southern Colorado
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1173 24/7 Office hours Monday-Friday 10am - 4pm. Closed
some holidays. Call to Verify
CSOpueblo@gmail.com/www.puebloaa.org



January



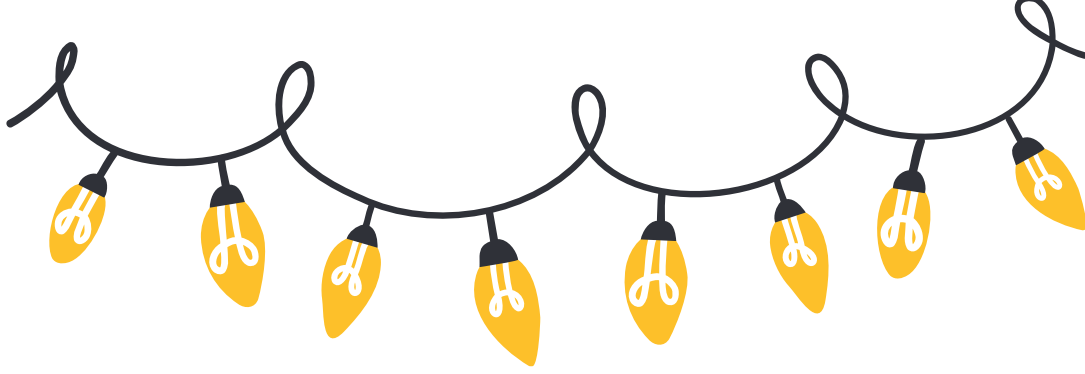
2025



Greetings and salutations, wishing you and your loved ones a happy new year with many blessings. The Earth has made its orbit around the sun one more time ushering in a new calendar year. The days are growing longer and spring is around the corner. It is a time of renewal and new beginnings. A time when we think about the new year and try to make positive changes in our lives.

The Holidays are behind us and I hope that they were filled with blessings and closeness for you and your loved ones. For many alcoholics, the holidays can be disenchanting, filled with anger, resentment, and loneliness, which make for painful bouts of drinking. The unrealistic expectations that we set for ourselves can lead to dismay and dissatisfaction. Disappointments in ourselves and in our loved ones can lead us to act out deep seeded behaviors again and again. We can run up the bills and run ourselves ragged trying to capture that “holiday feeling”.

It was during the holiday seasons that i became acutely aware of long standing resentments that I harbored towards members of my family. I would feel the hostility build and anger would seethe just beneath my smiling holiday facade. I would have to excuse myself and high tail it down to a meeting at the Alano Club. Thank God for that! I was blessed in the early years of sobriety to have the fellowship of AA. I could step back from family of origin and fellowship with my AA family.



Holiday events and around the clock and meetings at an “Alcothon” helped me through the holidays in the first years of my sobriety, but it wasn’t till i put pen to paper with my sponsor did i get any relief from the resentments that i long harbored. my expectations of other people changed. I could relate to my family in ways that I never could before. I began to carry a peace with me through the holiday season. It took on a new meaning for me. When I had children of my own I could share it with them with sobriety and sanity, a gift for which i am eternally grateful.

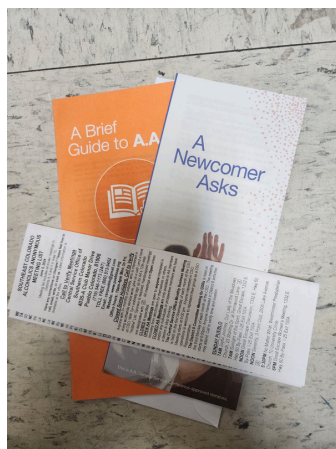
As the new year begins and attendance at meetings swell. This a time when many alcoholics begin their journey of sobriety. They can be filled with many a stout resolution that this year will be different. It can be when if we go from making a resolution to making a decision. The biggest fact in my life was when I made a decision to do what “those guys” were doing in the meetings. The decision that I would “ turn my will and life over to the care of God as I understand him.” has made all the difference. If you are reading this and are new to fellowship I goad you and encourage you to make decision to do the steps in the Fellowship of Alcoholics Anonymous. Many gifts both spiritual and temporal await you. If you are not new to A.A. I pray that you keep your shoulder to the wheel and continue to daily renew your decision to turn your will and life over. May this new year find you well with many happy returns.

Darren R - Pueblo AA



There is a candlelight meeting at the 3 Point Club for the Keystone group every Thursday night at 8 PM. It has an updated format and we would love to see people attend. There is also a Monday night book study going through the big book at the 3 Point Club 8 PM for the Keystone group. There will also be a speaker meeting January 4, 2024 Saturday at the 3 Point Club the speaker is Clayton. There will be food and fellowship from 7 to 8 PM and the speaker session from 8 to 9 PM.

Newcomer Welcome packets available at the CSO for 2.00



WHAT: New Year's Eve Celebration

WHEN: Tuesday December 31st

TIME: 1-3pm

WHO: Serenity/Keystone AA groups

WHERE: 3 Points Club 2506 Lake Ave, Pueblo Meeting, food (please bring a desert), dance and games

If your group would like to put on an event, the District has funds to help you with costs. If you are interested get in touch with the CSO or come to the monthly CSO meeting to get it approved and get extra help if you need.

2025

CSO monthly business meeting

1st Wednesday of every month
6pm

CSO office

join on Zoom by entering this address

<https://us02web.zoom.us/j/4121720850>

Keystone Group Once a Month Speaker Meeting

First Saturday of the month
Dinner from 7-8 Grilled burgers and hot dogs Side dishes are welcome Recovery fellowship and games from 9-10
3 Points Club in Pueblo

BOWLING EVERY THURSDAY NIGHT AT MIDTOWN SHOPPING CENTER. 9PM-MIDNIGHT. COST IS 12.00PP





January Birthdays

Michael G 01/01/1989

Benny M 01/01/1990

Dennis D 01/03/1975

John H 01/03/2015

Al N 01/10/2001

Paula K 01/15/1989

Stan P 01/19/2015

(If I have your sobriety date wrong,
or if you would like your date to be
listed, send me a quick e-mail at
csopueblo@gmail.com

Right now we have a few opportunities for service work. Service work is an important part of recovery -
“Our real purpose is to fit ourselves to be of maximum service to God and the people about us.”
(Big Book, pg 77)

CSO office needs volunteers.

IT people to help update the website

**People willing to be backups for staffing the CSO
if someone can't make their shift**

Assistant Manager

**Contact Kevin or Matt at the CSO
if you are interested**

719-546-1173



AA Word Search

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serenity prayer

disinhibition

higher power

intoxication

intervention

bloodstream

clean time

dependence

counseling

abstinence

addiction

treatment

recovery

meetings

pharmist

confront

sponsor

sponsee

spirits

faith

sober

rehab

na

aa



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JAN

2025

S	M	T	W	T	F	S
			CSO meeting Michael A Benny M Birthday		Dennis D John H Birthday	Speaker meeting Keystone Group
			1	2	3 AI N Birthday	4
5	6	7	8 Paula K Birthday	9	10	11
12	13	14	15	16	17	18
Stan P Birthday	19	20	21	22	23	24
25	26	27	28	29	30	31

